

## **Safeguarding and Welfare Requirement: Health**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

## **Promoting health and hygiene**

### **1.23 Nappy changing including intimate care**

#### **Policy statement**

Rainbow Pre-School accepts there may be times when staff will need to provide intimate care for a child. This may include bottom wiping, washing, nappy changing, dressing and undressing and toilet training.

We are committed to ensure that all children are treated with respect and will be attended to in a way that does not cause distress or pain. The child's welfare and dignity is of paramount importance. Every child's right to privacy will be respected.

No child is excluded from participating at Rainbow Pre-School who may, for any reason, not yet be toilet trained and who may be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Only Rainbow staff trained in Child Protection and who have an enhanced DBS check can provide intimate care. Students, parents and volunteers are NOT permitted to provide intimate care.

Rainbow Pre School Policies – Promoting health & hygiene	Last reviewed on : 15/01/2020
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## EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.2 Inclusive practice 1.4 Health and well-being	2.2 Parents as partners 2.4 Key person	3.2 Supporting every child	

## Procedures

- Explain to the child that you need to help them to get cleaned up.
- A private changing area is provided although this is within sight of other staff whilst maintaining the child's dignity and privacy at all times. Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned. If changing takes place on the floor a changing mat will be used.
- Each young child should provide their own bag with their nappies or 'pull ups' and a spare change of clothes. This is communicated to parents in advance.
- Plastic gloves are always put on before changing starts for wet and soiled nappies.
- Staff and child's hands will be washed using soap and water. All surfaces and changing mat will be disinfected to avoid cross contamination.
- The child will be involved as far as possible in their own intimate care to encourage independence.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- Members of staff will ensure that nappy changing is relaxed and a time to promote independence in young children. Staff will be sensitive and responsive to the child's reaction, either verbal or non-verbal, always aiming to promote their self-image and check with them that what is happening to them is acceptable to them.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand.
- Staff are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies

- Older children access the toilet when they have the need to and are encouraged to be independent.
- Staff will encourage children to be confident about their own bodies, and that saying 'no' at any time will always be respected.
- Any child's concerns will be reported and recorded immediately.
- If a child objects to a member of staff providing intimate care the parents or carers will be contacted to come to Rainbow Pre-School and provide the care themselves if necessary.
- Soiled nappies and 'pull ups' will be double wrapped and handed back to the parent or carer.
- Soiled clothes and cloth nappies will be double wrapped and handed back to the parent or carer.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.
- Staff will write in the Intimate Care Book (kept in the cupboard above the changing area and above the toilet in the Messy Room) who has changed the child and when.

This policy was adopted at a meeting of	Rainbow Pre School
Held on	15/01/2020
Date to be reviewed	2022/2023
Signed on behalf of the management committee	
Name of signatories	Lisa Brown & Lucy Daybell
Role of signatories (e.g. chair/owner)	Co-Chair